Seminar on Better English and Public Speaking.

English language plays an essential role in our lives as it helps in communication. It is the main language for studying any subject all over the world. English is 'important for us as it broadens our minds, develops emotional skills, improve the quality of life.

The four days seminar arranged at Udupi, St. Cecily's High School, from 19th October to 22nd October, on "Better English and Public Speaking" was excellent. The sisters from Udupi, Gangoli, Kundapur, Kemmannu, Mysuru, Shivamogga, Lingsugur, Bailhongal attended this seminar.

The resource personas were Sr. Dr. Jeswina A.C and Dr. Malini Hebbar. Sr. Jeswina took up the sessions in the morning on better English and Dr. Malini Hebbar in the noon as Goodgle Meet public speaking skills. Sister Jeswina taught us phonetics, vocabulary, pronunciation and grammar. She made these sessions interesting by conducting games, dictations and tests. The action songs kept us alive, alert and active. As a good teacher, she was patient and understanding to answer all our queries and her gentle corrections filled us with enthusiasm to do better.

We admire her zeal and willingness to teach her younger generation, inspirte of her health issues. We learnt correct pronunciation of certain words which we use in our daily prayer and also learnt how to use dictionary for correct usage. Her life experience which she shared with us, helped us to trust God and to increase our faith in God.

Dr. Malini Hebbar gave us some tips for public speaking. In public speaking we should keep in mind 3 v's i.e. visual, vocal and verbal. Public speaking is a skill. We can attain this skill through constant practice. We were given ample opportunities to build up self confidence through reading aloud, demo on stage programme and through pick and speak skill.

We are grateful to our resource persons for their fabulous work. May God reward them abundantly. We owe our thanks to our dear Provincial Superior Sr. Shamita, for organizing this seminar through the instrumentality of Sr. Shubha our educational secretary. Our special thanks to Sr. Shubha who came twice from Mangalure to Udupi and for making all the arrangements for

this seminar. May God bless our resource persons Sr. Dr. Jeswina and Dr. Malini Hebbar for their wonderful and excellent teaching. We implore God to give them good health of body, mind and soul. Million thanks to our dear Sister Vibha for her generosity and tireless labour in providing all the facilities to our sisters and taking charge of the mess management. May God reward her and bless her.

Sr. Maria Philomena A.c. St.Cecily's Convent Udupi.